ASIA MEDICAL FORUM

THE LANCET 2008

14–16 November | Beijing | www.thelancetforum.com

Stroke in Asia

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ASIA MEDICAL FORUM
THE LANCET 2008

Perspective and Forum Highlights

About 16 million people worldwide will have a stroke in 2008, and a third of these will die. The impact of stroke in Asia is particularly profound, not only because more than half of the world's population lives in this region, but also because of population ageing and the changing pattern of risk factors such as tobacco smoking, high blood pressure, poor diet, and physical inactivity. Unless urgent action is taken to tackle these risk factors, the number of stroke deaths is predicted to increase over the next decade by about 10% worldwide — and by up to 20% in low-income and middle-income countries. Access to effective stroke services is inadequate in many countries, particularly in rural areas, which hampers physicians' ability to deliver effective prevention and management strategies.

The Lancet Asia Medical Forum will provide an opportunity for regional and international leaders from the stroke community to address this growing public health issue and contribute towards reducing the burden of stroke in Asia.

Jointly organised by ***The Lancet***, ***The Lancet Neurology***, and Elsevier Health Sciences.

THE LANCET

THE LANCET Neurology

"A lancet can be an arched window to let in the light or it can be a sharp surgical instrument to cut out the dross and I intend to use it in both senses"

Thomas Wakley, Founder of *The Lancet*, 1823

The Lancet's family of journals in print and online (www.thelancet.com) still follows this philosophy today. As the world's leading independent general medical journal, ***The Lancet***'s international scope and coverage extend to all aspects of human health.

The blend of challenging editorials, commentaries, original research, reviews and opinion, international news, and the views of readers in the correspondence pages make ***The Lancet*** and ***The Lancet Neurology*** an essential read for physicians all over the world.

ELSEVIER

Elsevier — Health Sciences

Elsevier has become the undisputed market leader in the publication and dissemination of literature covering the broad spectrum of medical endeavours. We publish health science books and journals under well-known brand names such as Mosby, Saunders, Churchill Livingstone, and Elsevier.

Working with the world's most respected medical researchers, Elsevier has set a high standard for quality. Our publications are written and edited by international scholars with excellent technical and medical credentials and wide research and teaching experience in their fields.

Just as the tools used in medical research are changing, so too are the tools used in medical communication. Elsevier has taken a leadership role in advancing the technologies necessary to create a seamless electronic information delivery environment. This is today's Elsevier: innovative, experienced, and uniquely positioned to lead medical publishing into the 21st century.

This Forum is organised in collaboration with :

CHL **The Chinese Hypertension League**

The Chinese Society of Neurology

Programme

DAY 1 — FRIDAY, 14 NOVEMBER 2008

07:30–18:00	Registration	
18:30–21:00	Welcome reception	

DAY 2 — SATURDAY, 15 NOVEMBER 2008

08:30–09:20	Introduction	
08:30	*The Lancet* in China	Richard Horton, *Editor-in-Chief, The Lancet, UK*
08:50	Welcome message	Lisheng Liu, Liying Cui, Chuanzhen Lv, *China*
09:00	Stroke in China	Representative of Ministry of Health, *China*
09:20–10:40	Opening session: Stroke epidemiology	
09:20	Overview of stroke globally	Ruth Bonita, *New Zealand*
09:40	Size and nature of the burden of stroke in Asia	NV Ramani, *Singapore*
10:00	Key features underlying the burden of stroke in Asia	Martin O'Donnell , *Canada*
10:20	Future implications of trends in stroke in Asia	Yangfeng Wu, *China*
10:40–11:10	TEA BREAK	
11:10–12:30	Theme: Primary prevention	
11:10	Population attributable risk factors for stroke in Asia	Rachel Huxley, *Australia*
11:30	Strategies for lowering the mean levels — and population distribution — of key risk factors	Il Suh, *South Korea*
11:50	Improving awareness of stroke: Scaling up public-health education	Man Mohan Mehndiratta, *India*
12:10	Q&A SESSION	
12:30–14:00	LUNCH SYMPOSIA	
14:00–15:15	Theme: Acute stroke therapy	
14:00	Thrombolysis and the medical management of acute ischaemic stroke	Geoffrey Donnan, *Australia*
14:20	Approaches to the management of acute haemorrhagic stroke	Stephan Mayer, *America*
14:40	Management of medical complications of stroke	Padma S Gunaratne, *Sri Lanka*
15:00	Q&A SESSION	
15:15–15:45	TEA BREAK	
15:45–17:15	Secondary prevention I	
15:45	Blood pressure management	Jiguang Wang, *China*
16:05	Antithrombotic therapy: evidence and issues	Graeme Hankey, *Australia*
16:25	Management of extracranial stenosis	Feng Ling, *China*
16:45	Q&A SESSION	
17:15–18:15	Evening symposium	

Programme is correct at time of print.

DAY 3 — SUNDAY, 16 NOVEMBER 2008

08:30–9:50	**Theme: Clinical issues in Asian populations**	
08:30	Is haemorrhagic stroke more common in Asian patients?	Tomomi Nakamura, *Japan*
08:50	The importance of cerebral venous thrombosis in Asian patients	Mohammad Wasay, *Pakistan*
09:10	Optimal approaches to the diagnosis and treatment of intracranial stenosis	Lawrence Wong, *Hong Kong*
09:30	Rehabilitation: What's the evidence and how can it be applied in Asia?	Leonard Li, *Hong Kong*
09:50	**Q&A SESSION**	
10:10–10:40	**TEA BREAK**	
10:40–12:00	**Theme: Secondary prevention II**	
10:40	Lipid management in the prevention of stroke	Pierre Amarenco, *France*
11:00	Diabetes management in the prevention of stroke	Paul Zimmet, *Australia*
11:20	Smoking, obesity, and lifestyle management	Martin O'Donnell, *Canada*
11:40	**Q&A SESSION**	
12:00–13:30	**LUNCH SYMPOSIA**	
13:30–14:50	**Theme: Clinical trials**	
13:30	What is the state of stroke research in Asia and how can it be optimised?	Craig Anderson, *Australia*
13:50	The challenges of running RCTs in Asia	Rochelle Currie, *Australia*
14:10	Traditional and alternative therapies: role and evidence	Ming Liu, *China*
14:30	**Q&A SESSION**	
14:50–15:20	**TEA BREAK**	
15:20–16:20	**Theme: Stroke services**	
15:20	How and where (local and regional)	Yining Huang, *China*
15:40	The stroke unit — training, design, and organisation	Subhash Kaul, *India*
16:00	Building a comprehensive stroke service	Peter Langhorne, *UK*
16:20	**Q&A SESSION**	
16:40	Concluding remarks	Geoffrey Donnan, *Australia*
17:00	End of Day 3	

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Call for Posters

The Lancet Asia Medical Forum cordially invites authors to submit abstracts for the Poster Sessions. The deadline for abstract submission is August 31, 2008.

Abstracts should describe any original research that advances or illuminates clinical practice in stroke. Particular emphasis should be placed on the relevance of the study to stroke care in the Asia region. Submissions should not contain animal research.

Upon submission, the editorial organising committee and a panel of experts will judge abstracts for suitability. Authors of selected posters will be notified by email in October, 2008. Authors are permitted to submit more than one abstract. Abstracts should be in English, contain no more than 350 words, and be structured around the subheadings: Background, Methods, Findings, Interpretation, and Funding. Each abstract should also include a brief title. Abbreviations should be kept to a minimum and defined after first use. Tables, figures, and references are not allowed. The full names, affiliation(s), and full address(es) of all authors should be provided. The name and address of the authors who will both present the poster and act as the corresponding author during the selection stage should be separately and clearly indicated, together with email and telephone details. Abstracts should be proofread for accuracy before submission.

All authors should disclose any financial or personal relationships with people or organisations that could be perceived to bias their work. All sources of funding should also be declared. Abstract title, names and addresses of authors, contact details, conflicts of interest declarations, and descriptions of the funding source(s) do not count towards the word limit. Selected abstracts will be edited to house style before publication.

Abstracts should be submitted as Word documents by August 31, 2008. Please visit www.thelancetforum.com to learn more about the online submission process and awards for successful authors

Poster Topics

- Aetiology
- Clinical trials
- Complications of stroke
- Diagnosis
- Economics
- Epidemiology
- Genetics
- Haemorrhagic stroke
- Imaging
- Ischaemic stroke
- Long-term outcome of stroke
- Medical management
- Primary prevention
- Public health
- Rehabilitation
- Risk factors
- Secondary prevention
- Stroke services
- Surgical management

Who should attend

The Lancet Asia Medical Forum 2008 will be relevant to clinicians, world opinion-leaders, high-level policy makers, researchers, health-care administrators, and industry representatives. At least 400 participants from Asia and from around the world are expected to attend, including:

- Clinical neurologists
- Researchers
- Clinical and public-health specialists in neurology and associated disciplines
- Neurology nurses
- Policy makers
- Public-health administrators
- Health-care executives and planners
- Industry representatives

Congress Venue

Beijing International Convention Center (BICC),
8 Beichen Dong Road, Chaoyang District,
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About Beijing

Geography

Beijing, the capital of the People's Republic of China, lies in north China, upon a plain that gently slopes toward the Bohai Sea to the east. The municipality occupies a total area of 16,800 sq km, an area about the size of Belgium, and its population exceeds 13 million.

Climate

It is generally accepted that August to mid-November is the optimal time to visit Beijing. Temperatures may be cooler, but tourists are fewer and the air is fresher. In November, rainfall is low, temperatures rarely exceed a maximum of 13°C and the sky is usually sunny.

Sights and Attractions

Beijing is a veritable treasure trove of sights and attractions all within easy reach of the city. Within Beijing some of the more popular attractions include:

Forbidden City – the imperial palace during the Ming and Qing dynasties.

Tiananmen Square – one of the biggest squares in the world with dimensions of 880 m by 500 m with a capacity for up to 1 million people.

Temple of Heaven – situated in a 267 ha park, this is where the emperors of the Ming and Qing dynasties came to pray and worship.

Summer Palace – where royalty came to escape the summer heat of the Forbidden City, this is the largest royal garden in China with a history of over 800 years.

Just a short drive outside the city you can visit the stunning Great Wall and the Ming Tombs.

Your hotel concierge can advise you on the best means of transport for your chosen sight.

Sponsorship Opportunities

For sponsorship and marketing opportunities, please visit our website: www.thelancetforum.com

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